



TRAIL GAMES

Try some games to play on the trails to keep yourself moving and motivated! Bring some friends to play along!

WALK THIS WAY

In follow-the-leader fashion, take turns coming up with silly ways to walk and others follow suit.

I SPY

One person chooses an object within sight and others guess what the object is based on color- "I spy with my little eye, something the color _." The person who guesses correctly chooses the next object for others to guess.

ALPHABET HIKE

Take turns finding things that begin with each letter of the alphabet (A- ants, B- bird, C-cloud, etc.)

STORYTELLING

Taking turns, each person contributes to a story, saying a few words or a single sentence at a time. You're sure to come up with some fun tales!

NATURE DETECTIVE

How many trees, plants, animals and animal tracks can you accurately identify?

